

Cove Therapy LLC

Notice of Privacy Practices (Including Minnesota Law)

This notice describes how your protected health information (PHI) may be used and disclosed and how you can access this information. Your privacy is protected under the federal Health Insurance Portability and Accountability Act (HIPAA) and Minnesota state law, including Minnesota Statutes §§ 144.291–144.298 and § 148.98.

Use and Disclosure of Information

- 1 Treatment – providing therapy services and coordinating care when appropriate
- 2 Payment – billing, collecting payment, or providing superbills
- 3 Healthcare Operations – scheduling, recordkeeping, and practice management

Minnesota-Specific Privacy Protections

Minnesota law provides stronger protections for mental health records than federal law in many situations. Under Minnesota law: - Your written consent is generally required before your health records are released, including for most disclosures to other providers. - You have the right to receive a copy of your records within a reasonable time, typically within 30 days. - You may request amendments to your record if you believe information is incorrect or incomplete. - Providers must keep your records confidential except as allowed or required by law. Mental health records are considered especially sensitive, and additional care is taken to protect your confidentiality.

Disclosures Without Authorization

- 1 If there is a risk of serious harm to yourself or others
- 2 In cases of suspected abuse or neglect (as required by Minnesota law)
- 3 When required by court order, subpoena, or other legal process
- 4 For certain public health or safety reporting requirements

Your Rights

- 1 You have the right to access and request copies of your records
- 2 You may request corrections or amendments to your information
- 3 You may request restrictions on how your information is used or shared
- 4 You may request confidential communications
- 5 You may receive a copy of this notice at any time

You may file a complaint with the U.S. Department of Health and Human Services or the Minnesota Department of Health if you believe your privacy rights have been violated. You will not be penalized for filing a complaint.